

### **PLAYERS' RESPONSIBILITY**

The purpose of following the St. Patricia Student Athletic Code of Conduct is to help define appropriate actions and behavior that support the mission of the athletic program. All participating student athletes should read, understand and sign the player agreement.

1. Attend all practices and games unless excused by the coach. Players/parents should contact and notify the coach in advance as soon as possible whenever a player cannot attend a practice or game. Unexcused absences will affect playing time.
2. Assume responsibility for their uniform and equipment issued to the team.
3. Students who choose to participate in a sport are representing St. Patricia School and the parish at all times. They must act in a manner that reflects favorably upon themselves and the parish at all times. This expectation, is not just limited to the sports field or the court, but should be evident at school, in the community, at other schools as well as before, during and after all games.
4. Students will only wear the uniform that has been chosen by the Athletic Board. No makeup or jewelry will be allowed. Adhere to St. Patricia school policies for students
5. Follow principles and practices of good sportsmanship and respect at all times – toward officials, scorekeepers, teammates, coaches, parents, members of opposing teams, and all spectators. Accept decisions of officials and coaches gracefully.
6. Players should maintain themselves in good physical condition. Any player found using alcohol, tobacco or illegal drugs, will be dismissed from the team and the program.
7. Respect the facilities of St. Patricia, other practice sites and game sites. Any player found committing acts of vandalism may be dismissed from the team and that program and will be responsible for restitution.
8. Students are expected to maintain an average grade while playing sports and never neglect schoolwork during the season.
9. Be generous in winning and graceful in losing. Shake hands with opponents at the end of the game no matter what the turnout. Players will also demonstrate this by recognizing, applauding and encouraging the efforts of their teammates. Players will not treat other players with dis-respect.
10. Will not attend a practice or games if they have not attended school for the day.
11. Players will follow team/league rules set forth.
12. All participants are required to properly care for all SPAA/school issued equipment. In the event equipment is lost/damaged, that particular player may be asked to reimburse the current replacement value of that item.
13. Must read and sign the student athlete agreement before the first game in order to participate

**Signs and symptoms after a brain injury may include:**

- Headache or a sensation of pressure in the head — the most common symptom of TBI
- Loss of or alteration of consciousness
- Blurred eyesight or other vision problems, such as dilated or uneven pupils
- Confusion
- Dizziness, feeling off-balance or the sensation of spinning
- Ringing in the ears
- Nausea or vomiting
- Slurred speech
- Delayed response to questions
- Memory loss
- Fatigue

**Some signs and symptoms may not appear for hours or days, such as:**

- Trouble concentrating
- Continued or persistent memory loss
- Irritability and other personality changes
- Sensitivity to light and noise
- Sleep problems
- Mood swings, stress, anxiety or depression
- Disorders of taste and smell

Signature\_\_\_\_\_

Date\_\_\_\_\_